



Minor in Athletic Coaching
Department of Kinesiology and Health Studies
Southeastern Louisiana University

Many students are interested in coaching sports at some level. In Louisiana, coaches of interscholastic sports are not required to complete an academic certification or take college courses specific to coaching. However, administrators often indicate interest in universities helping to prepare future coaches since the time spent as an athlete and/or as a volunteer coach may not provide adequate background. SLU offers a Minor in Athletic Coaching. Any SLU student may pursue this minor.

Many courses in the minor are offered on a rotating basis. Not all are taught each semester. A grade of C or higher is required in all courses.

For advising regarding this minor, contact Louis Dugas (ldugas@selu.edu, 985-549-3823)

Courses required are:

Health Studies 131: Emergency Health Care
Kinesiology Lab 113: Strength Training
Kinesiology 235: Foundations of Coaching

One course selected from:

Kinesiology 251: Motor Development
Kinesiology 321: Motor Learning
Kinesiology 334: Social Aspects of Sport
Kinesiology 436: Psychosocial Dimensions of Physical Activity

One course selected from:

*Kinesiology 300: Mitigating Risk and Minimizing Injuries
*Kinesiology 366: Facility and Event Management
*Kinesiology 380: Legal and Ethical Issues in Sport

Two courses selected from:

*Kinesiology 301: Coaching Baseball and Softball
*Kinesiology 302: Coaching Basketball
*Kinesiology 303: Coaching Football
*Kinesiology 304: Coaching Volleyball
*Kinesiology 305: Coaching Cross Country and Track & Field
*Kinesiology 306: Special Topics in Coaching
