

Athletics at Southeastern Louisiana University

Notable Highlights 2009 - 2010

- » The Southeastern women's soccer and men's golf teams both won Southland Conference titles and advanced to the NCAA Championships. The Lady Lion soccer team defeated Texas State in the SLC Tournament final to earn their first-ever berth in the national tournament. Southeastern hosted the SLC Men's Golf Championships at Carter Plantation and won the title, led by league Player of the Year and tournament individual medalist Alvaro Arrizabaleta.
- » The Southeastern softball team was represented by junior Katie Duhe on ESPN the Magazine's Academic All-American team. Duhe, a Litcher native with a 4.0 grade point average in accounting, is the 13th student-athlete in school history to earn the honor.
- » The Southeastern baseball team won a school-record 40 games in 2010. The Lions climbed to as high as No. 17 in the national polls.
- » Southeastern men's track and field student-athlete Adonson Shallow earned All-American honors in the discus at the NCAA Outdoor Championships after winning the NCAA East Regional title in that category. The winner of numerous Southland Conference individual awards, Shallow was one of two student-athletes in the nation to qualify in the discus, shot put and hammer throw.
- » Behind All-Southland Conference and All-Louisiana center Patrick Sullivan, the Southeastern men's basketball team advanced to the NCAA Tournament and was one of two schools in the state of Louisiana to post a winning record, finishing 19-12 on the year.
- » The Southeastern women's basketball team advanced to the Southland Conference Tournament for the fourth time in the past five seasons. Lady Lion senior Zevy Ivory was named to the All-Southland Conference team.
- » The Lady Lion volleyball team made its first Southland Conference Tournament trip since 2002. Southeastern was represented on the All-Southland Conference team by junior Alex Greer.
- » The Southeastern football team posted its first winning season since 2004, finishing the season with a 6-5 record. The Lions also finished above .500 in conference play for the first time since joining the Southland Conference, posting a 4-3 mark against league competition.

Source: Office of Sports Information