

<u>University Police Department (UPD</u>) (985) 549-2222 Open 24/7	<u>Dean of Students (DOS)</u> (985) 549-3792 M-Th 7:30am-5pm, F 7:30am-12:30pm Summer: M-Th 7am-5:30pm
<u>University Counseling Center (UCC)</u>	<u>Office of Student Advocacy and Accountability</u>
(985) 549-3894	(OSAA)
M-Th 7:30am-5PM, F 7:30am-	(985) 549-2213
12:30pm	M-Th 7:30am-5pm, F 7:30am-12:30pm
Summer: M-Th 7am-5:30pm	Summer: M-Th 7am-5:30pm

Crisis Scenarios

For the above scenarios:

If you lose contact with the indiviudal or they

do not wish to accompany you to the UCC,

please call UPD immediately for further

intervention (985) 549-2222.

- Language about ending one's life
- Evidence or report of self harm
- Substance Use Emergency
- Hearing or seeing things not presenthallucinations
- Physical threats to someone else

Sexual Assault or Domestic Violence survivor

If this individual does not wish to make a report, seek counseling, or receive medical help:

- offer resources and report at selu.edu/reportit
 If they demonstrate any risk of harm to self or others:
 - escort to UCC or call UPD

For any crisis scenarios that happen <u>AFTER HOURS</u>, contact UPD at (985) 549-2222 immediately.

If you feel anyone's safety is at risk, please call UPD at (985) 549-2222.

Mental Health Crisis Intervention Toolkit for Faculty & Staff



How to proceed based on what information you have:

In Person	Written, Email, Social Media	Phone Call	Third Party Report
 If you and the identified person are safe, escort them to the UCC Please stay to inform the counselor on call of your concerns 	 Call UPD immediately at (985) 549- 2222 Forward all supporting documentation 	 Gather as much information as possible: Name Location W# Anyone with them? Any harm done to self or others? 	 Gather as much information as possible Contact UPD at (985) 549- 2222
• If the individual is unwilling to go with you to the UCC, call UPD immediately at (985) 549-2222	to police@southea stern.edu	 Contact UPD immediately at (985) 549-2222 on another phone line Flag down a colleague to call for you if possible Try to keep the individual on the call until help arrives 	

After reporting to UPD or UCC, complete the Report It form at www.selu.edu/reportit

What to do and say with someone in crisis:

- How can I best help you right now?
- You are not alone in this. I am here for you.
- Are you thinking about suicide?
- Can I walk with you to the Counseling Center so we can have someone help you?
- If you have experienced this before, what has helped you?

- Explain they are not in trouble; UPD is a resource for everyone's safety.
- Take a deep breath yourself.
- Offer genuine listening without judgment.
- Ask questions about their experience.

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