

Athletics at Southeastern Louisiana University

Notable Highlights 2008 - 2009

- For the first time since joining the Southland Conference, the department claimed the 2008 - 2009 Southland Men's All Sports Trophy, awarded to the SLC school with the top overall performance in the men's sports.
- The men's track and field team won its first-ever Southland Conference title, capturing the 2009 SLC Outdoor Championship. Juniors Adonson Shallow and Ccrey Roberts would go on to compete in the NCAA Championships in June.
- The women's basketball team won the Southland Conference East Division championship for the second time in three years. Senior Kristy Carlin led the way for the Lady Lions, earning first team All-Louisiana and All-Southland Conference honors.
- The men's golf team was led by Southland Conference Men's Golfer and Men's Golf Student-Athlete of the Year Cedric Scotto, who won individual medalist honors at the SLC Championships. Scotto and teammate Matt Carvell represented the Lions at the NCAA Championships.
- The women's soccer team finished the season with a 11-6-2 overall record and advanced to the Southland Conference Tournament semifinals. The Lady Lions tied an SLC record by allowing just 13 goals all season.
- The Southeastern men's tennis team advanced to the Southland Conference Tournament semifinals. The Lions were led by 2009 Southland Conference and Louisiana Newcomer of the Year Guillaume Capovin.
- The men's basketball team advanced to the Southland Conference Tournament for the sixth consecutive season. The Lions were led by All-Southland Conference center Patrick Sullivan.
- Senior Iva Velkovska capped one of the greatest women's tennis careers in school history, finishing with a 19-2 record and earning All-Southland Conference and All-Louisiana honors in her senior season. Velkovska finished her career with an 81-13 all-time mark and ranked second in school history in career singles victories.
- The baseball team posted its best-ever finish in the Southland Conference standings, finishing second overall. The Lions finished the season with a 37-22 overall record - one win shy of matching the single-season school victory record.
- Senior Heather Sherill was named to the All-Southland Conference and All-Louisiana softball teams for the third-straight season. The first-athlete in the program's history with 200 career hits, Sherill also finished her career as the school's standard beaver for career RBI (117), doubles (53), extra-base hits (76) and total bases (320).
- The Southeastern volleyball team posted its highest single-season overall win total and SLC win total since a 15-15 (7-13 SLC) mark in 2003.

Source: Office of Sports Information